

PRAYER ACTIVITY

Get Well Soon



- **Equipment**

Fabric plasters, pens

- **Set up**

You could do this activity at a table, maybe with your family. Or in your bedroom

- **Instructions**

Do you know someone – maybe a friend or someone in your family – who isn't well?

If you want to, you can write their name onto one of the fabric plasters as a hope or a prayer that they get better soon.

Stick the plaster somewhere visible (e.g. on the fridge, on your bedroom door, etc) where you'll see it every day.